



Starters

Fried Green Tomato Napoleon- Local green tomatoes fried and layered with herb goat cheese and a roasted red pepper coulis 9

Parise's Bistro Salad-Local and fresh from the garden 7

Stuffed Mushrooms Oreganato with roasted garlic and fresh herbs 8

Crab chowder with local sweet potatoes served with herb rustic baguette 10

Shrimp and Grits- Herbed grilled shrimp over roasted garlic gorgonzola cheese grits 12

Bacon wrapped grilled shrimp with a sweet balsamic molasses 10

Pastas

Parise's Pasta Bolognese- Rich meat sauce made with local Angus beef and a cabernet sauvignon reduction and our signature marinara topped with fresh Parmesan 16

Shrimp Scampi over Linguine- Sautéed shrimp tossed with lemon, butter and white wine over fresh linguine garnished with our own fresh herb mélange 19

Grilled in season Vegetable Primavera with fresh pesto tossed in with fresh penne pasta 14

Pasta Jambalaya with shrimp and chef Parise's smoked sausage 19

Grilled Chicken Alfredo Pasta 17

Pasta Tartufi- Papardelle egg pasta with Shitake mushrooms, tossed in a plugra cream black truffle cream sauce, topped with imported grana padana cheese 18

Main Course

Roasted Herb Mountain Trout over spinach chorizo hash potatoes 22

Biscuit Crusted Mountain Trout- served vegetable grit cakes and white pepper gravy 24

Chicken Mushroom Marsala- over a lemon herb risotto 22

Chicken Montrachet- grilled herb chicken with fresh carrots and mushrooms made with a cognac cream sauce over herbed rice. 23

Grilled N Y Strip- over roasted garlic smashed potatoes 27

Grilled or Coffee Crusted Filet Mignon- garlic and herb roasted local artisan potatoes 29

Pan Blackened Pork Loin – with roasted garlic risotto and red eye gravy 23

****All Entrees come with local in season vegetables****

Ask your server, what's for Dessert?

Parise's New American Bistro will always strive to bring you the best quality local seafood, meats and vegetables. Our meats are free range with no antibiotics, steroids or hormones of any kind. Our vegetables are from right around the bend. Thank you for coming and hope to see you back frequently

Chef Michael Parise